

it's time for a little meet & greet



meet toula

Volunteer Staff Officer, Unley.

A real 'people person', Toula loves the volunteer spirit of Meals on Wheels. "Everyone has made a conscious choice to be here... there's a lot of job satisfaction." Meeting clients is another highlight. "I met a gentleman who used to work at Buckingham Palace!"



meet glen

Client, Warradale Kitchen.

Glen enjoys his Meals on Wheels but it's a set of classic wheels that really brings that sparkle to his eye. His pride and joy is a lovingly-restored 1952 BSA motorcycle. He's been riding and "messaging around" with bikes since 1948 and when his health allows, still takes his wheels for a spin.



meet nimmi

Volunteer Cook, West Torrens Kitchen.

Nimmi has been volunteering for 12 years and says "I really struck a goldmine when I started Meals on Wheels". She finds it truly uplifting to work among such a marvelous cross-section of people, all dedicated to the one purpose. "Everyone's on the same level in there... we laugh and laugh."

Meals on Wheels is clearly about nutritious food. But it's also, very importantly, about people.

Our 10,000 volunteers and 5,000 clients across South Australia enjoy face-to-face contact that's as nourishing as the meals we serve.

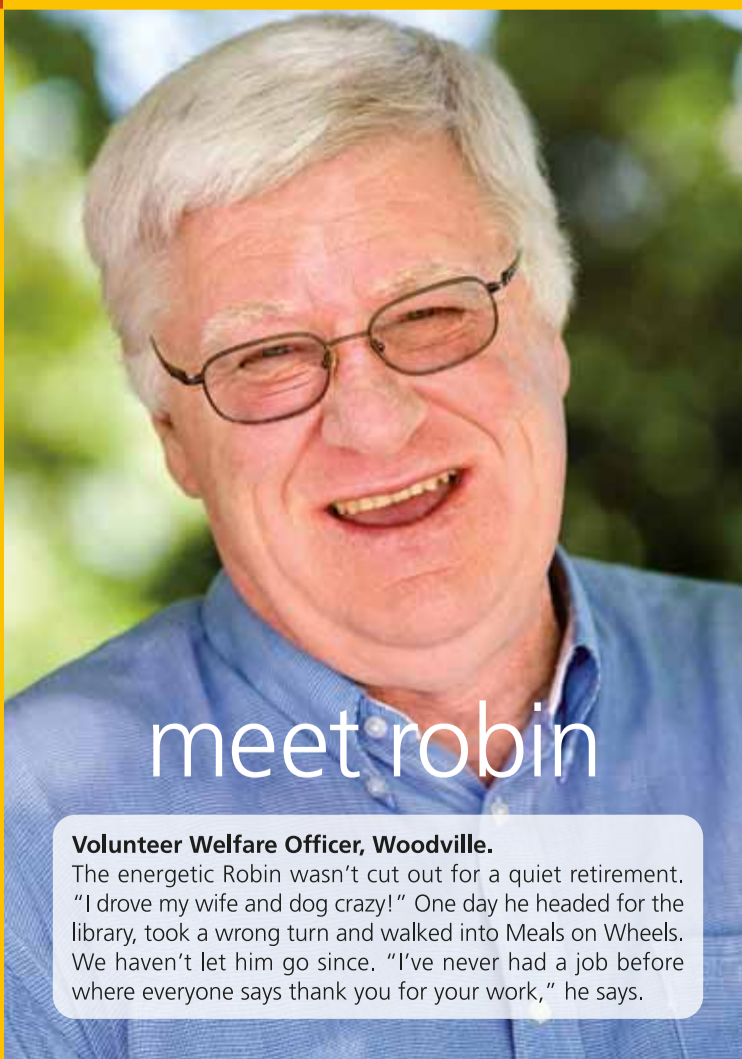


meet tim

Volunteer, Tech-Savvy Development Group.

Delivering Meals on Wheels once a week gave psychology student Tim a chance to meet some of the fascinating elders of his community. "I wanted to play my part in the learning cycle," he says. And the cycle continues: we're learning from him as he helps develop our online communications.

Do you have a few hours a fortnight to meet over a meal? Volunteering can mean cooking, helping out in the kitchens, or delivering meals and greeting clients. Call us on 8271 8700. We'd love to meet you.



meet robin

Volunteer Welfare Officer, Woodville.

The energetic Robin wasn't cut out for a quiet retirement. "I drove my wife and dog crazy!" One day he headed for the library, took a wrong turn and walked into Meals on Wheels. We haven't let him go since. "I've never had a job before where everyone says thank you for your work," he says.



meet daphne

Original Volunteer.

Daphne volunteered to deliver meals in the very first week of South Australia's original Meals on Wheels kitchen in 1954. A lifetime of teaching and voluntary work has earned her MBE and OAM medals. After a recent major operation she received meals from our city kitchen, bringing the volunteer spirit full circle.